

Health and Wellness Major – 2018—2019 Catalog

FIRST YEAR				
<u>FALL</u>			<u>SPRING</u>	
ENG 111	4		ENG 112	4
UNI 101	1		^MTH 170	4
HPE 210	3		^PSY 153	4
^HPE 158	3		GENERAL EDUCATION	3
^PED 206 (8 week course)	2		HPE 200	3
^ATH 200	3			
TOTAL HOURS	16.0		TOTAL HOURS	18.0

SECOND YEAR				
<u>FALL</u>			<u>SPRING</u>	
GENERAL EDUCATION	6		GENERAL EDUCATION	6
HPE 214	3		BIO 309	5
BIO 101 or 110	4		BIO 309 Lab	0
BIO 101L or 110L	0		^HPE 300	3
^PED 157	3		HPE 250	2
TOTAL HOURS	16.0		TOTAL HOURS	16.0

THIRD YEAR				
<u>FALL</u>			<u>SPRING</u>	
HPE 410	3		GENERAL EDUCATION	3
GENERAL EDUCATION	6		MAJOR ELECTIVES UL** (#2)	3
MAJOR ELECTIVE** (#1)	3		MAJOR ELECTIVE UL ** (#3)	3
BIO 308	5		MAJOR ELECTIVE UL** (#4)	3
BIO 308 Lab	0		PSY 211	3
TOTAL HOURS	17.0		TOTAL HOURS	15.0

FOURTH YEAR				
<u>FALL</u>			<u>SPRING</u>	
HPE 390 (fall, odd)	3		HPE 450	3
MAJOR ELECTIVES UL** (#5)	3		HPE 490	3
HPE 420 W	3		HPE 470	8
ELECTIVES	6		ELECTIVE	3
TOTAL HOURS	15.0		TOTAL HOURS	17.0

***General Education Requirements – Some courses fulfill general education as well as major requirements. See catalog for accepted courses for general education**

^Courses that are offered each semester.

If students choose to double major and/or minor, the following catalog rule applies: any course applied toward the completion of one major or minor may not also be applied toward the fulfillment of elective requirements in another major or minor.

****Choose a minimum of 5 courses from the list below.**

CLINICAL WELLNESS ELECTIVES:

HPE 212 (every spring) or PED 353 (every fall)	HPE 281 (even spring)#
HPE 301 W (every spring)	HPE 379 (odd spring)
HPE 370 (even fall) #	HPE 375 (even fall)
HPE 325 W (every fall)	HPE 430 (every fall)#
HPE 435 (every fall)	

up to 6 hours of approved electives to meet continuing education entrance requirements

indicates electives that are strongly recommended