

Date:	Event/Activity:	Event Time/Location:	Info:
NOW	New Student Orientation Staff Applications	 <p>NSO NEW STUDENT ORIENTATION</p> <p>Online Applications Available: NOW!</p> <p>Information and Apply: www.mckendree.edu/orientation</p>	<p>Applications for New Student Orientation Group Leaders is now available!</p> <p>*Orientation Coordinator Information will be posted SOON!</p> <p>As a diverse group that works hard and plays hard, we are looking for great students who want to further develop their professional and life skills while welcoming our incoming students and their families to McKendree! New Student Orientation provided an excellent opportunity to get involved and acquire valuable life experience!</p> <p>We are an essential element in the beginning of the First-Year Experience and thank you for your interest in being a member of this exceptional group!</p>
March 23	WinterJam '24 Volunteer SignUp		<p>WinterJam STL 2024 is looking for enthusiastic volunteers like you to make this event a huge success. Whether you're a music lover, a fan of live performances, or simply want to be part of an amazing community, this is your chance to get involved!</p> <p>Sign Up now to be a volunteer and be part of the WinterJam experience.</p>
March 26 and April 1	Co-Ed Intramural Dodgeball Tournament		<p>Put together your Co-Ed Dodgeball team and prepare to hit the court! Matches are tentatively scheduled for Tuesday, March 26 and Monday, April 1 starting at 8pm in the IM Gym.</p> <p>Info and Team Sign-Up: www.mckendree.edu/intramurals</p> <p>Registration Deadline is March 25!</p>
March 27	Intramural HORSE Competition		<p>The Intramural Horse Contest will be played in the IM Gym. This is an individual competition. The bracket will be determined by the number of individuals registered. The tournament will take place on Wednesday, March 27 from 8:30pm-10pm.</p> <p>Info and Team Sign-Up: www.mckendree.edu/intramurals</p> <p>Registration Deadline is March 25!</p>
 <p>TOTAL LUNAR ECLIPSE 4.08.24</p> <p>CHECK VARIOUS CAMPUS MEDIA FOR INFO!!</p>			
April 9	St. Louis Cardinals Baseball		<p>Game is at 6:45pm – Busch Stadium: St. Louis, MO</p> <p>**Campus Activities Board will have a limited number of tickets available for this event.</p> <p>Seats are Loge – SEC 235, Rows 7, 8, 9, 10. Tickets are \$20 each for Faculty/Staff, \$15 McKendree Students and include a FREE Cardinals Hoodie (limited sizes assigned to tickets: L, XL, 2XL)!</p> <p>Pay with CASH or check to McKendree University ONLY - 4 ticket maximum. Reserved tickets must be paid by Tuesday, April 2, 2024. NOTE: Cardinals Tickets are electronic and will be transferred to the purchaser's McKendree email account.</p> <p>REGISTER FOR TICKETS: CLICK HERE!</p> <p>Contact Craig Robertson at croberts@mckendree.edu for info! Tickets are first come, first served. Please bring Mck ID</p>
Check Campus Email, the McKendree App, and Social Media for other upcoming Events!		<p>Massage Therapists</p> <p>Pere Marquette Horseback Riding</p> <p>Therapy Dogs</p>	<p>Bowling Night at St. Clair Bowl</p> <p>Self-Care Bingo Night</p> <p>Sexual Assault Awareness Event: Awareness Rocks – Rock Painting</p>



NSO
NEW STUDENT ORIENTATION

APPLICATIONS NOW AVAILABLE

BUILD LEADERSHIP SKILLS
PROFESSIONAL EXPERIENCE
BE A POSITIVE ROLE MODEL

HAVE FUN • MAKE \$\$ • MOVE IN EARLY
MEET NEW PEOPLE • RESUMÉ BUILDER!

JOIN OUR TEAM

Contact Craig Robertson, Director of New Student Orientation
Email: croberts@mckendree.edu OR visit www.mckendree.edu/orientation



WANT TO HELP NEW CLINICIANS GET THE BEST LEARNING EXPERIENCE THEY CAN AT McKendree University?

Volunteer to receive **FREE** counseling services with counselors-in-training, learning the skills they need to become professionals in their field!

The Stress Management Clinic is a **free and confidential** service available to the McKendree University students and staff at the Lebanon Campus, as well as family and friend referrals, who would like to help!

The clinic sessions are available on Tuesdays at 2:00, 3:00, and 4:00 pm and on Wednesdays at 2:00, 3:00, 4:00, 5:00, 6:00, and 7:00 pm. Meetings can be held in-person during these times or virtually, to accommodate flexibility in scheduling. Additional times/dates can be arranged as needed per the student clinician's availability. Sessions last from mid-January until mid-May 2024.

For more information or to make an appointment contact:
Dr. Julie Smirt, LCPC
Director MA Clinical Mental Health Counseling Program
Assistant Professor
jsmirt@mckendree.edu



McKHistory Club x Young Feminists Presents:

Hammock Hangouts

Join us in celebrating Women's History Month and spring on the front lawn (weather permitting)

Thursday, March 28th at 4pm



MCKENDREE UNIVERSITY PRESENTS

LOVE YOU 5 EVER

5K RUN & WALK

REGISTRATION

LYM
LOVE YOU 5K/EVER

SATURDAY
APRIL 13TH
START 08.00 AM

HETT CENTER
400 N ALTON ST., LEBANON, IL 62254

All proceeds go to the "LYM" foundation